

# **ALDRIDGE ADULT LEARNING**

**SERVING PORTSLADE, BRIGHTON AND THE WIDER AREA**

**EXPAND YOUR HORIZONS**



# **PROSPECTUS 2024**

# WELCOME



## Welcome to our 23/24 prospectus!

In these difficult times, with so much chaos in the news and the never-ending cost of living crisis, it can seem a good idea to hunker down and look inwards rather than believe we can take steps to better, brighter future.

We, here at Aldridge Adult Learning, have a clear and powerful message that, whatever your starting point and level of confidence, you really can change your life and you can reach your dreams with a little support (and we all need a little support from time time!) and that there has never been a better time to grab hold of your future and turn your hopes and dreams into a reality!

We are deeply passionate about creating transformational opportunities for all in our communities, whether that is getting upskilled to get a better job, develop a new hobby or finally banish literacy or numeracy gremlins by obtaining English and maths qualifications, we have something to help your life get moving in the right direction.

But don't take our word for it, When Ofsted came knocking, they were deeply impressed by what they saw and we are enormously proud to have been adjudged 'Outstanding' for Behaviour and attitudes of our learners and 'Good' across the board for everything else. The report states "Leaders, managers and staff are passionate about improving the prospects and wellbeing of learners".

But don't just take Ofsted's word for it, listen to feedback from our Access course, which so so typical of what student say

about us "I am emotional about finishing my course. it was an intensive studying period, but the acknowledgement that we gained is impressive. Thank you to all of you for your support and understanding....it is a privilege to be associated with AAL"

So, don't hesitate, why can't you be the success story we are talking about in a year's time, perhaps a person who didn't think they could but found out they could fly?

Call us now to take your next steps into an exciting future where the sky's the limit. I promise, we have the energy and support you need to get you to where you want to be.

All the best,

Nick Fenn  
Principal

**"I have never believed I would be capable of this, but I am moving forward now and want to seize this opportunity with both hands. There are hundreds of children in the care system with uncertain futures, I was lucky, and it is my aim to be a role model."**

Lance - AAL Alumni





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# OUR LOCATIONS



## Aldridge Adult Learning Centre

Chalky Road Campus  
Portslade  
BN41 2WS

## Foredown Tower

Foredown Road  
Portslade  
BN41 2EW

## South Portslade Community Centre

Church Road  
Portslade  
BN41 1LB

“

**“It is abundantly clear that the team have the students’ best interests at the heart of their work, especially in difficult times and such high levels of mental health concerns. Great to see such fantastic student voice, praising the support from the tutors”**

LASER Awarding body report comments on Access to University courses

”



# Become a Nurse

*No classrooms No timetables No exams*

## Access to University in Nursing

Always wanted to be a Nurse but then life happened,  
and you never got the chance?

### Online Nursing Diploma:

- Gain the equivalent of three A Levels
- Meet university entry requirements
- Study when it suits, at your pace
- Complete over two years or less
- 100% online learning
- No exams

### Start your new career as a Nurse with us!

Loans are available, all course fees will  
be wiped when you complete your  
degree. So you pay nothing! Get in  
touch for details and to enrol.



Call 01273 422632 or email [info@aal.org.uk](mailto:info@aal.org.uk)  
[www.AldridgeAdultLearning.com](http://www.AldridgeAdultLearning.com)



AldridgeALearning



@AldridgeALearn



@AldridgeALearning

# HOW TO APPLY

## STEP 1

### Find the perfect course

You can find your perfect course in this prospectus or on our website. In case you are unsure, need guidance or would just like an informal chat contact us on **01273 422632** if you have any questions.

The first step in many of our offerings is to arrange a consultation with one of our tutors. This can be done by phone, online or face-to-face, ensuring that you have chosen a course that fits your needs, and helping you to become in your chosen subject.



## STEP 2

### Easy finance options

Concessionary Fees FOR ACCREDITED COURSES (lower fees)

If you are studying an accredited course, you may be eligible for a Concessionary Fee if you fall in the following categories: Claiming Job Seekers Allowance/Employment Support Allowance/ Universal Credit.



## STEP 3

### Get ready to learn

You can find your perfect course in this prospectus or on the AAL website. In case you are unsure, need guidance or would just like an informal chat contact us on **01273 422632** if you have any questions.

The first step in many of our offerings is to arrange a consultation with one of our tutors.



# FUNDING & LOANS

## ADVANCED LEARNER LOANS





If you are aged 19 or over and want to study an Access to Higher Education Diploma, or a Level 3 or 4 Certificate or Diploma, you will need to pay the full cost of your course (unless you are aged between 19 - 23 and do not already have a full Level 3 qualifications).

No need to worry about upfront course fees as Aldridge Adult Learning offer Advanced Learner Loans.



**LEARN  
EARN MORE**

## KEY FACTS

-  **Advanced Learner Loans do not take your household income into account**
-  **Do not involve a credit check**
-  **Repayments are linked to what you earn and not how much you borrowed**
-  **Interest is charged on a sliding scale between the Retail Price Index (RPI) and RPI +3%, depending on how much you earn**

## APPLY TODAY

Call us on **01273 422 632**  
or pop an email to  
**[info@aal.org.uk](mailto:info@aal.org.uk)**

## REPAYMENTS

The amount you repay is based on your personal income. You'll repay 9% of your income over the repayment threshold, which is currently £25,000 or £2,083 a month.

If your income increases or decreases your repayments will automatically change to reflect this.

Gross income p.a	Gross monthly income	Approx monthly repayment*
up to £25,000	£2,083	£0
£27,000	£2,250	£15
£29,500	£2,458	£33
£31,000	£2,583	£45
£33,000	£2,750	£60
£35,000	£2,917	£75

Eligibility criteria and terms conditions apply.

\* Interest rates apply. Above rates apply to 2023/24 academic year.

A young woman with blonde hair and blue glasses is sitting in a classroom, looking thoughtful. She is wearing a dark sweater with a light-colored stripe and a patterned skirt. The background shows classroom desks and chairs.

**98.4%**  
**OF STUDENTS**  
**AGREE THAT**  
**THEIR CHOSEN**  
**COURSE HAS**  
**HELPED THEM**  
**DISCOVER AND**  
**DEVELOP THEIR**  
**TALENTS**

# PROGRESSION

Plan your pathway and get on track to get the qualifications you need for a brighter future. Call us now on 01273 422 632 for any advice or guidance.

## ENGLISH & MATHS

**ENGLISH**

**ESOL**

**PRE-GCSE**

Functional Skills

**GCSE**

**MATHS**

**ENTRY**

Multiply Funded Courses  
(Non-accredited)

**PRE-GCSE**

Functional Skills

**GCSE**

## CARE PROFESSIONS

**COUNSELLING**

**LEVEL 1**

Counselling Skills

**LEVEL 2**

Helping Skills

**LEVEL 3**

Award & Diploma

**HEALTH & SOCIAL CARE**

**LEVEL 1**

Get That Job in  
Health & Social Care

**LEVEL 2**

Certificate for  
Adult Social Care

**LEVEL 3**

Health & Social Care  
Award & Certificate

**LEVEL 3**

Access to Health  
Access to Social Science

## EDUCATION

**SUPPORT  
WORK  
IN SCHOOLS**

**LEVEL 1**

Get That Job in Support  
Work In Schools

**LEVEL 2**

Support Work in  
Schools & Colleges

**LEVEL 3**

Supporting Teaching  
and Learning

3

**LEVEL 4**

Teaching Assistant  
(Practitioner in Schools)

## CHILD CARE

Level 5 is accessible from level 3

**CHILD CARE**

**LEVEL 3**

Residential Childcare  
Diploma

**LEVEL 5**

Leadership and  
Management  
(Residential child care)



# ENGLISH, ESOL, MATHS & COMPUTING

Our Skills for Life course can be the building block to a job, more pay or a change of career. There has never been a better time to tackle those gremlins!

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**I was shown new ways to understand maths which changed the way I feel about the subject. It was so different from school!**

Maths Student



# ENGLISH - BEGIN YOUR JOURNEY

## COURSE INTRODUCTION

English Begin Your Journey courses are a gentle introduction for those who are not ready just yet to take an accredited Functional Skills or GCSE course.

The courses are very friendly and supportive and will build on the skills you already have, whatever your starting point.

We can guarantee, this will not feel like school and you will be supported in a kind, adult environment which will see you thrive.



DATE	TIME	DURATION	LOCATION	FEE
18/06/2024	17:30 - 21:00	4 Weeks	TBC	Free
19/06/2024	09:30 - 13:00	4 Weeks	TBC	Free
20/06/2024	17:30 - 21:00	4 Weeks	TBC	Free
12/09/2024	09:30 - 13:00	4 Weeks	Online	Free
13/09/2024	09:30 - 13:00	4 Weeks	TBC	Free
14/09/2024	17:30 - 21:00	4 Weeks	TBC	Free
21/11/2024	09:30 - 13:00	4 Weeks	TBC	Free

# ENGLISH FUNCTIONAL SKILLS LEVEL 1/2 PRE GCSE

## COURSE INTRODUCTION

### ACCREDITED COURSE



This course is designed to help you to develop your English skills in order to achieve a Functional Skills qualification at Level 1 or Level 2.

These qualifications are needed for many jobs, apprenticeships and university courses. You will study modules in reading, writing and speaking and listening and you will take formal assessments in all 3 components.

This is an ideal course to do before progressing to GCSE English. Entry requirements: completion of Begin Your Journey English or Level 1 or Entry 3 Functional Skills English or ESOL L2 or by college based assessment at least at Entry 3.

This is a 30 week full-year programme.

DATE	TIME	DURATION	LOCATION	FEE
11/10/2023	10:45 - 13:00	27 Weeks	Online	Free
12/10/2023	18:45 - 21:00	27 Weeks	AAL	Free

# ENGLISH FUNCTIONAL SKILLS

## LEVEL 2 PRE GCSE

### COURSE INTRODUCTION

#### ACCREDITED COURSE



This course is designed to help you to develop your English skills in order to achieve a Functional Skills qualification at Level 2. These qualifications are needed for many jobs, apprenticeships and university courses.

You will study modules in reading, writing and speaking and listening and you will take formal assessments in all 3 components.

This is an ideal course to do before progressing to GCSE English. Entry requirements: completion of Foundation English or Level 1 or Entry 3 Functional Skills English or ESOL L2 or by college based assessment at least at Entry 3. This is a 30 week full year programme which is planned to be delivered as an online class

#### DATE

10/10/2023

#### TIME

18:45 - 21:00

#### DURATION

27 Weeks

#### LOCATION

Online

#### FEE

Free

# GCSE ENGLISH

### COURSE INTRODUCTION

#### ACCREDITED COURSE



You will respond imaginatively to a range of stimulating material. A lively discussion on a range of subjects with the opportunity to improve written, oral and reading skills to use language creatively and effectively. GCSE English is valued by employers and can help you get a job, get a better job or get that promotion with more money!

However, for some, this will be a wonderful recreational course to hone your literacy skills just for the pleasure of it!

#### DATE

05/09/2023

05/09/2023

#### TIME

10:00 - 12:30

18:45 - 20:45

#### DURATION

35 Weeks

35 Weeks

#### LOCATION

TBC

AAL

#### FEE

Free

Free



# ESOL COURSES

## COURSE INTRODUCTION

### ACCREDITED COURSE

Experienced and friendly teachers will assess which level of ability your reading, writing, speaking and listening skills are and then discuss course options with you. You will study for the right Edexcel ESOL qualification for you, with the possibility to progress to higher levels until you can communicate confidently and effectively. Improve your English, make new friends

and have fun.

We have ESOL Courses at the following levels:

- Entry 1 (Beginners)
- Entry 2 (Elementary)
- Entry 3 (Pre-Intermediate)
- Level 1 (Intermediate)
- Level 2 (Advanced)



## ENTRY 1

COURSE	DATE	TIME	DURATION	LOCATION	FEE
Reading	17/01/2024	10:00 - 12:00	10 Weeks	Sports Centre	£175
Speaking & Listening	27/09/2023	10:00 - 12:00	10 Weeks	Sports Centre	£175
Writing	17/04/2024	10:00 - 12:00	10 Weeks	Sports Centre	£175

## ENTRY 2

COURSE	DATE	TIME	DURATION	LOCATION	FEE
Reading	15/01/2024	10:00 - 12:00	10 Weeks	Sports Centre	£175
Speaking & Listening	25/09/2023	10:00 - 12:00	10 Weeks	Sports Centre	£175
Writing	15/04/2024	10:00 - 12:00	10 Weeks	Sports Centre	£175

## ENTRY 3

COURSE	DATE	TIME	DURATION	LOCATION	FEE
Reading	17/01/2024	12:30 - 14:30	10 Weeks	Sports Centre	£175
Speaking & Listening	27/09/2023	12:30 - 14:30	10 Weeks	Sports Centre	£175
Writing	17/04/2024	12:30 - 14:30	10 Weeks	Sports Centre	£175

## LEVEL 1

COURSE	DATE	TIME	DURATION	LOCATION	FEE
Reading	12/01/2024	10:00 - 12:00	10 Weeks	Sports Centre	£175
Speaking & Listening	29/09/2023	10:00 - 12:00	10 Weeks	Sports Centre	£175
Writing	19/04/2024	10:00 - 12:00	10 Weeks	Sports Centre	£175

## LEVEL 2

COURSE	DATE	TIME	DURATION	LOCATION	FEE
Reading	15/01/2024	12:30 - 14:30	10 Weeks	Sports Centre	£175
Speaking & Listening	25/09/2023	12:30 - 14:30	10 Weeks	Sports Centre	£175
Writing	15/04/2024	12:30 - 14:30	10 Weeks	Sports Centre	£175

# MATHS - BEGIN YOUR JOURNEY

## COURSE INTRODUCTION

Maths Begin Your Journey courses are a gentle introduction for those who are not ready just yet to take an accredited Functional Skills or GCSE course.

The courses are very friendly and supportive and will build on the skills you already have, whatever your starting point.

We can guarantee, this will not feel like school and you will be supported in a kind, adult environment which will see you thrive



DATE	TIME	DURATION	LOCATION	FEE
05/09/2023	13:00 - 15:30	4 Weeks	Online	Free
05/09/2023	18:00 - 20:30	4 Weeks	AAL	Free
06/09/2023	13:00 - 15:30	4 Weeks	AAL	Free
06/09/2023	18:00 - 20:30	4 Weeks	AAL	Free
07/09/2023	13:00 - 15:30	4 Weeks	AAL	Free
08/09/2023	10:00 - 12:30	4 Weeks	AAL	Free

# MATHS FUNCTIONAL SKILLS LEVEL 1/2 PRE GCSE

## COURSE INTRODUCTION

### ACCREDITED COURSE



This course is designed to help you to develop your numeracy skills and apply them in real life situations, including the world of work, and you will also develop the study skills you need to succeed in your further studies.

Students that pass Functional Skills Maths

Level 2 before February can transfer to GCSE in the same academic year.

Learners who pass Level 2 later in the year are automatically offered a place on GCSE the following academic year.

DATE	TIME	DURATION	LOCATION	FEE
12/09/2023	18:30 - 21:00	35 Weeks	AAL	Free
14/09/2023	18:30 - 21:00	35 Weeks	AAL	Free
04/10/2023	13:00 - 15:30	35 Weeks	Sports Centre	Free
04/10/2023	18:00 - 20:30	35 Weeks	Sports Centre	Free
05/10/2023	13:00 - 15:30	35 Weeks	Sports Centre	Free
06/10/2023	10:00 - 12:30	35 Weeks	Sports Centre	Free
10/10/2023	13:00 - 15:30	35 Weeks	Online	Free
10/10/2023	18:00 - 20:30	35 Weeks	Sports Centre	Free

# GCSE MATHS

## COURSE INTRODUCTION

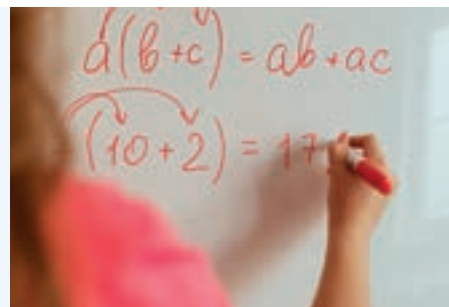
### ACCREDITED COURSE

These intensive courses will help you to gain a GCSE qualification in Mathematics. You will need a short assessment prior to enrolment. Our achievement rates are among the best in the country!

GCSE Maths is valued by employers and

can help you get a job, get a better job or get that promotion with more money!

However, for some, this will be a wonderful recreational course to hone your numeracy skills just for the pleasure of it!



DATE	TIME	DURATION	LOCATION	FEE
06/09/2023	09:30 - 12:30	35 Weeks	Online	Free
07/09/2023	18:00 - 21:00	35 Weeks	Online	Free

**“ Claire my tutor was amazing. So many times I wanted to give up. So always helped me and I got the result that I needed. ”**

MATHS PRE-GCSE



# COMPUTING - BEGIN YOUR JOURNEY

## COURSE INTRODUCTION



Our computing courses give you a grounding in basic IT functions such as word, excel and PowerPoint amongst other applications.

These courses can then lead you to Essential Digital Skills at Entry level 3 and Level one.

Developing these skills can give you the edge in the job market and give you the confidence to navigate an increasingly digital world.

COURSE	DATE	TIME	DURATION	LOCATION	FEE
Entry Level	11/09/2023	13:00 - 15:30	6 Weeks	AAL	£20
Entry Level	15/09/2023	10:00 - 12:30	6 Weeks	AAL	£20
Entry Level	08/01/2023	17:30 - 20:30	5 Weeks	AAL	£20

**1/4**  
of UK workers  
believe they lack  
the digital skills  
for their job role

# ESSENTIAL DIGITAL SKILLS

## COURSE INTRODUCTION

ACCREDITED COURSE

This qualification has been designed to enable learners to develop the digital skills for life and introducing learners to skills for work and will cover a range of topics from communicating by text, video or email to staying safe and protecting your privacy online



COURSE	DATE	TIME	DURATION	LOCATION	FEE
Entry 3	03/11/2023	10:00 - 12:30	18 Weeks	Sports Centre	Free
Level 1	30/10/2023	13:00 - 15:30	18 Weeks	Sports Centre	Free
Level 1	19/02/2024	18:00 - 20:30	18 Weeks	Sports Centre	Free

# COMPUTING - HOW TO USE MICROSOFT WORD

## COURSE INTRODUCTION



Learn how to use Microsoft Word for a whole range of day to day activities and make sure you have the edge to excel in the workplace and in an increasing digital era.

DATE	TIME	DURATION	LOCATION	FEE
21/09/2023	10:00 - 13:00	5 Weeks	AAL	£50
29/02/2024	10:00 - 13:00	5 Weeks	AAL	£50

# COMPUTING - HOW TO USE MICROSOFT EXCEL

## COURSE INTRODUCTION

Learn how to use Microsoft Excel for a whole range of day to day activities and make sure you have the edge to excel in the workplace and in an increasing digital era.



DATE	TIME	DURATION	LOCATION	FEE
11/01/2024	10:00 - 13:00	5 Weeks	AAL	£50
13/06/2024	10:00 - 13:00	5 Weeks	AAL	£50

# COMPUTING - HOW TO USE MICROSOFT POWERPOINT

## COURSE INTRODUCTION



Learn how to use Microsoft PowerPoint for a whole range of day to day activities and make sure you have the edge to excel in the workplace and in an increasing digital era.

DATE	TIME	DURATION	LOCATION	FEE
21/09/2023	10:00 - 13:00	5 Weeks	AAL	£50
29/02/2024	10:00 - 13:00	5 Weeks	AAL	£50



**99%** OF ESOL STUDENTS SAID  
**AAL IS A GOOD /  
OUTSTANDING  
PLACE TO STUDY**



# CARE PROFESSIONS

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We have a number of care profession courses for those looking for a career in this expanding area.

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Certificate in Mental Health Awareness.....	Page 26



**This course has helped me to achieve my goal of starting the process to achieve my dream job.**

Care Profession Student



# ACCESS TO UNIVERSITY - BEGIN YOUR JOURNEY

## COURSE INTRODUCTION



This is an introductory course for those thinking about joining an Access to University course but are not sure of which pathway to choose, or if Access really is the right route for them. You will learn about the pathways we have, as well as developing the skills you will learn our approach which, year after year, sees 100% of our learners realise their dream of going to university.

At the end of this course you will be able to confidently know which access course is right for you, and planned your future pathway to university, having a strong feel for which of the many careers studying on an AAL access course could lead to.

DATE	TIME	DURATION	LOCATION	FEE
20/09/2023	10:00 - 13:00	5 Weeks	AAL	£20
28/02/2024	10:00 - 13:00	5 Weeks	AAL	£20

# ACCESS TO UNIVERSITY: HEALTH STUDIES & SOCIAL CARE

## COURSE INTRODUCTION

### ACCREDITED COURSE

This course is essential for students wishing to move on to Health related Higher Education courses including degrees Nursing; Midwifery; Paramedic Science; Adult Social Care; Sport and Exercise Sciences. Students are given full support to apply for a university place



DATE	TIME	DURATION	LOCATION	FEE
11/09/2023	09:30 - 17:00	34 Weeks	Foredown Tower	£3,384
12/09/2023	09:30 - 17:00	34 Weeks	Foredown Tower	£3,384
18/04/2024	09:30 - 17:00	34 Weeks	Foredown Tower	£3,384

## ACCESS TO UNIVERSITY: SOCIAL SCIENCE

### COURSE INTRODUCTION

#### ACCREDITED COURSE



This course is essential for students wishing to move on to Social Science related Higher Education courses including degrees in Social Work, Teaching, Psychology, Sociology and Criminology. Students are given full support to apply for a university place

#### DATE

13/09/2023

#### TIME

09:30 - 17:00

#### DURATION

34 Weeks

#### LOCATION

Foredown Tower

#### FEE

£3,022

## ACCESS TO UNIVERSITY: NURSING

### COURSE INTRODUCTION

#### ACCREDITED COURSE

This course is essential for students wishing to move on to Health related Higher Education courses including degrees Nursing; Midwifery; Paramedic Science; Adult Social Care; Sport and Exercise Sciences. Students are given full support to apply for a university place



#### DATE

22/09/2023

#### TIME

09:30 - 17:00

#### DURATION

34 Weeks

#### LOCATION

Foredown Tower

#### FEE

£3,384

# COUNSELLING

## COURSE INTRODUCTION

### ACCREDITED COURSES\*

Our Counselling courses are ideal for anyone who would like to develop counselling skills for use in work or in a personal capacity. Topics covered include working ethically in helping relationships and understanding the importance of self-development in relation to helping others. This qualification is designed for anyone who'd like to develop their use of counselling skills for use in either work or in a personal capacity. This may be learners who wish to progress towards

further qualifications, or learners who wish to study this programme in order to complement other programmes (eg health and social care, children's care, learning and development, voluntary and community work).

\* Begin Your Journey is not accredited.



## COUNSELLING SKILLS - BEGIN YOUR JOURNEY

DATE	TIME	DURATION	LOCATION	FEE
25/09/2023	18:00 - 21:00	5 Weeks	AAL	£20

## COUNSELLING LEVEL 2 - HELPING SKILLS

DATE	TIME	DURATION	LOCATION	FEE
06/11/2023	18:00 - 21:00	15 Weeks	AAL	£174

## AWARD IN COUNSELLING LEVEL 3

DATE	TIME	DURATION	LOCATION	FEE
26/09/2023	18:00 - 21:00	15 Weeks	AAL	£350

## DIPLOMA IN COUNSELLING SKILLS

DATE	TIME	DURATION	LOCATION	FEE
11/10/2023	18:00 - 21:00	32 Weeks	AAL	£2,225



# CERTIFICATE FOR ADULT SOCIAL CARE LEVEL 2

## COURSE INTRODUCTION

## ACCREDITED COURSE



Achievement of the qualification will support learners to enter employment within health and social care sectors by providing the background knowledge and skills needed to work within health and social care. Students completing this course could apply for the Access to Higher Education Diploma course at Aldridge Adult Learning

DATE	TIME	DURATION	LOCATION	FEE
01/11/2023	10:00 - 13:00	14 Weeks	Sports Centre	£40
17/04/2024	10:00 - 13:00	14 Weeks	Sports Centre	£40

# CERTIFICATE IN MENTAL HEALTH AWARENESS

## COURSE INTRODUCTION

## ACCREDITED COURSE

You will learn about a range on mental health issues in more depth, this include topics such as depression, anxiety, stress, dementia and phobias.

This course can lead to progression to Access to Health and Social Care or Counselling pathways.



DATE	TIME	DURATION	LOCATION	FEE
12/09/2023	18:00 - 21:00	36 Weeks	AAL	£811

A photograph of two people. On the left, a woman wearing a brown hijab and a dark jacket is smiling broadly, with her hands near her face. She is wearing several rings. On the right, a man with glasses and a dark jacket is looking down, writing with a pen. The background is blurred. The entire image has a reddish-brown tint.

**100% OF SURVEYED  
STUDENTS AIM TO  
PROGRESS FURTHER WITH  
THEIR STUDIES**

# EDUCATION SECTOR COURSES

---

Would you like to work in schools?  
Look no further, our range of courses  
will open doors to an exciting career  
where there's plenty of jobs in the  
local area.

Begin Your Journey - Teaching Support Assistant .....	Page 29
Support Work in Schools & Colleges Level 2 .....	Page 29
Diploma in Supporting Teaching & Learning Level 3 .....	Page 30
Understanding Behaviour that Challenges.....	Page 30
Understanding Children and Young People's Mental Health .....	Page 31
Understanding Specific Learning Difficulties (including Autism) .....	Page 31



# TEACHING SUPPORT ASSISTANT - BEGIN YOUR JOURNEY

## COURSE INTRODUCTION

This course is aimed at those that are looking to work in either a school or college supporting the teaching and learning. You will learn how the education sector works, and the way that employees are recruited, as well what is expected regarding motivation and work ethics.



DATE	TIME	DURATION	LOCATION	FEE
21/09/2023	09:30 - 13:30	5 Weeks	AAL	£20
01/02/2024	09:30 - 13:30	5 Weeks	AAL	£20
16/05/2024	09:30 - 13:30	5 Weeks	AAL	£20

# SUPPORT WORK IN SCHOOLS AND COLLEGES LEVEL 2

## COURSE INTRODUCTION

### ACCREDITED COURSE



An introduction to the information and knowledge needed to work in a school environment, which can apply to the many varied roles that full- and part-time support staff fulfil. These include administrative roles, site support roles, technical roles and volunteers, as well as those roles that work directly with children and young people. It provides initial training and induction

for those new in post and includes one optional unit that allows learners to understand how schools are organised. This course may be supported financially by Brighton and Hove Council if you are working or volunteering in a Brighton Local Authority School.

DATE	TIME	DURATION	LOCATION	FEE
02/11/2023	09:30 - 12:30	7 Weeks	Sports Centre	£375
14/03/2024	09:30 - 12:30	7 Weeks	Sports Centre	£375
02/07/2024	09:30 - 14:30	2 Weeks	Sports Centre	£375



# SUPPORTING TEACHING & LEARNING LEVEL 3 DIPLOMA

## COURSE INTRODUCTION

### ACCREDITED COURSE

This qualification provides learners with an in-depth understanding of the knowledge and skills needed when working directly with children and young people in school and college environments.

It covers all aspects of specialist support including planning; delivering and reviewing assessment strategies to support learning alongside the teacher;

bilingual support; special needs support; and personal development and reflective practice.



DATE	TIME	DURATION	LOCATION	FEE
25/09/2023	09:30 - 12:00	36 Weeks	Online	£1,999
25/01/2024	18:30 - 21:00	36 Weeks	Online	£1,999
20/05/2024	10:00 - 12:00	36 Weeks	Online	£1,999

# UNDERSTANDING BEHAVIOUR THAT CHALLENGES

## COURSE INTRODUCTION

### ACCREDITED COURSE



This qualification is designed to increase learners' awareness and understanding of behaviour that challenges and its effects. By completing the qualification, learners will develop in-depth knowledge of behaviour that challenges which could support progression onto other appropriate qualifications and into relevant employment in in education settings, or the social care sector.

DATE	TIME	DURATION	LOCATION	FEE
26/09/2023	09:30 - 12:30	10 Weeks	AAL	£400

# UNDERSTANDING CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH ■

## COURSE INTRODUCTION

ACCREDITED COURSE

The purpose of this qualification is to increase learner's knowledge and awareness of children and young people's mental health.

Classroom based.



### DATE

16/04/2024

### TIME

09:30 - 12:00

### DURATION

10 Weeks

### LOCATION

AAL

### FEE

£400

# UNDERSTANDING SPECIFIC LEARNING DIFFICULTIES (INCLUDING AUTISM)

## COURSE INTRODUCTION

ACCREDITED COURSE



Having a learning difficulty means that people find it harder to learn certain skills. As this affects around 15% of people, it is important for those working in healthcare, social care and education to have knowledge of different learning difficulties.

The purpose of this qualification is to equip learners with knowledge of a range of specific learning difficulties, such as Autism, ADHD, dyslexia and dyscalculia.

The course is aimed at learners looking to improve their understanding and awareness of the below key topics, especially those working in healthcare, social care and education.

### DATE

09/01/2024

### TIME

09:30 - 12:30

### DURATION

10 Weeks

### LOCATION

AAL

### FEE

£400

# CHILDCARE COURSES

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Are you a childcare professional looking to upskills and boost your career prospects? We have courses which can take your career to the next level.

Residential Childcare Diploma Level 3 .....Page 33

Leadership & Management for Residential Childcare Level 5.....Page 33

“

**I've really enjoyed the course. I would like to say the big thank you to my tutor.**

Childcare Student

”

# RESIDENTIAL CHILDCARE LEVEL 3

## COURSE INTRODUCTION

### ACCREDITED COURSE

This qualification will develop the knowledge and skills needed when working with children and young people in a residential childcare setting, including an understanding of child and young person development.

This qualification is required by Ofsted for everyone working in this sector.



### DATE

Tailored

### TIME

Tailored

### DURATION

Tailored

### LOCATION

Tailored

### FEE

£1,600

**This course is tailored to start when you are and is designed to suit each individual, please phone 01273 422632 for details.**

# LEADERSHIP & MANAGEMENT FOR RESIDENTIAL CHILDCARE LEVEL 5

## COURSE INTRODUCTION

### ACCREDITED COURSE



This qualification provides the skills and knowledge needed to manage practice and lead others in residential childcare settings for children and young people.

The qualification enables the learner to gain essential skills and knowledge for leading in a residential childcare setting, including: leading and managing a team, leading and managing group living, leading practice to support children and young people, implementing policies and procedures.

It also offers the learner the opportunity to cover optional topics which are particularly suited to specific residential childcare and respite care settings.

### DATE

Tailored

### TIME

Tailored

### DURATION

Tailored

### LOCATION

Tailored

### FEE

£1,800

**This course is tailored to start when you are and is designed to suit each individual, please phone 01273 422632 for details.**



# CREATIVE COURSES

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Discover your creative side and take part in one of our engaging creative courses. Gain new skills and meet people who share your interests!

Art - Be Creative Improvers .....	Page 35
Art - Exploring Different Media.....	Page 35
Creative Photography for Beginners.....	Page 36
Floristry For Beginners .....	Page 36
Make Your Own Christmas Wreaths .....	Page 37

“

**The tutor has been open to tailor what we do in order to meet our individual learning objectives. She has been very diligent and generous with her time to maximise our learning opportunity.** - Creative Course Student

”

# ART - BE CREATIVE IMPROVERS

## COURSE INTRODUCTION

A course which covers the key elements of art and encourages learners to develop these in their own personal direction.

Initial sessions shall look at core subjects such as drawing, tone, colour, painting techniques, as well as looking at the work of historical and contemporary artists.

Each learner will then be encouraged to develop this in a direction which will further develop their own personal interests such as exploring traditional

watercolours, developing their work into textiles pieces or 3 dimensional work.

There will be a different personal project for each course.



DATE	TIME	DURATION	LOCATION	FEE
20/09/2024	10:00 - 12:00	10 Weeks	SPCC	£130
10/01/2024	10:00 - 12:00	10 Weeks	SPCC	£130
17/04/2024	10:00 - 12:00	10 Weeks	SPCC	£130

# ART - EXPLORING DIFFERENT MEDIA

## COURSE INTRODUCTION



This is a new course, it will be very exciting as you will be learning about different media such as Graphite, Charcoal (Bar and Powder), Ink Pens, Acrylics, Watercolour as well as Oils.

You will need to provide your own materials although a very small amount can be provided by the college.

DATE	TIME	DURATION	LOCATION	FEE
20/09/2023	12:30 - 14:30	10 Weeks	SPCC	£130
10/01/2024	12:30 - 14:30	10 Weeks	SPCC	£130
17/04/2024	12:30 - 14:30	10 Weeks	SPCC	£130

# CREATIVE PHOTOGRAPHY FOR BEGINNERS

## COURSE INTRODUCTION

This course is aimed at DSLR and mirrorless camera users that rarely get off auto mode, are a little confused by what all the functions of the camera do, and are a little uninspired by their photography.

You will learn new camera functions and how to apply them to make creative images, by undertaking fun class challenges and home assignments.

Learn the creative joy of photography, be inspired by some great photographers, gain confidence with your camera and make more interesting and dynamic photographs!



DATE	TIME	DURATION	LOCATION	FEE
21/09/2023	18:00 - 20:00	10 Week	AAL	£125
11/01/2024	18:00 - 20:00	10 Week	AAL	£125
18/04/2024	18:00 - 20:00	10 Week	AAL	£125

‘Learning a new skill or getting started with a new hobby provides mental stimulation, helps increase self-confidence, and promotes problem-solving abilities.’

# CHRISTMAS WREATH MAKING

## COURSE INTRODUCTION

Learn how to make a beautiful unique Christmas Wreath.

This course is for those who prefer homemade unique products. There will be invaluable guidance from an expert tutor, you will get full instructions and leave the lesson with a stunning wreath for yourself or a friend.

This course is excellent value for money as all materials, foliage etc is included in the price.



### DATE

13/12/2023

### TIME

18:00 - 21:00

### DURATION

1 Week

### LOCATION

AAL

### FEE

£50

# FLORISTRY FOR BEGINNEERS

## COURSE INTRODUCTION



Learn how to make beautiful flower designs.

This course is for those who love bringing flowers into their home or who may be considering a career in floristry.

There will be an introduction into basic floristry techniques so that you will be able to create unique designs for your home/ events.

Materials and equipment are extra.

### DATE

01/02/2024

27/04/2024

### TIME

19:00 - 21:00

19:00 - 21:00

### DURATION

5 Weeks

5 Weeks

### LOCATION

AAL

AAL

### FEE

£65

£65

# WELLBEING COURSES

---

Are you looking for peace of mind and body? Are you looking to add something special into your life and meet like minded people? Our wellbeing courses will become a haven for you and a delight for your mind, body and soul.

Aromatherapy For Everyday.....	Page 39
Indian Head Massage.....	Page 39
Mindful Movement & Relaxation.....	Page 40
Tai Chi for Beginners/Improvers.....	Page 41
Tai Chi for Advanced .....	Page 41

“

**My tai chi class has improved my fitness, my arthritis is less painful and this has therefore helped my mental health. I am glad that I followed a friends advise and gave it a try.**

- Wellbeing Course Student

”



# AROMATHERAPY FOR EVERYDAY

## COURSE INTRODUCTION

A 5 week course introducing a modern approach to Aromatherapy.

We will look at oils for everyday use in the home, skincare, with your families, First Aid and supporting ailments such as anxiety, colds and flu and insomnia.

You will blend a beautiful oil for the face and create a relaxing bath sachet or shower gel to use at home.

Aromatherapy is under going a resurgence that is bringing traditional methods to support our busy lives.



### DATE

22/02/2024

### TIME

19:00 - 21:00

### DURATION

5 Weeks

### LOCATION

AAL

### FEE

Free

# INDIAN HEAD MASSAGE

## COURSE INTRODUCTION



Learn how to carry out a traditional Indian Head Massage, including massaging the head, shoulders, neck and face.

### DATE

09/11/2023

### TIME

19:00 - 21:00

### DURATION

5 Weeks

### LOCATION

AAL

### FEE

£70

# MINDFUL MOVEMENT AND RELAXATION

## COURSE INTRODUCTION

Are you looking for a perfect course to condition your body and mind?

This is the ideal exercises class. You will gain awareness and control of the body and mind through movement & a beneficial relaxation section in the final stages of each session.

This body awareness is taught through eight principles: postural symmetry, corseting, control and flow of movement, strength, relaxation and breathing through a combination of Pilates' principles, yoga

positions and a combination of exercises to work on coordination and balance.

Encouraged to work at your own pace and level therefore, suitable for anyone wishing to maintain and improve physical and mental awareness.

It is particularly safe and effective for those with back problems, joint pains or who suffers from anxiety.



DATE	TIME	DURATION	LOCATION	FEE
20/09/2023	18:00 - 19:15	10 Weeks	AAL	£80
10/01/2024	18:00 - 19:15	10 Weeks	AAL	£80
17/04/2024	18:00 - 19:15	10 Weeks	AAL	£80

# TAI CHI

## COURSE INTRODUCTION

Tai Chi is perfect for all ages and abilities from Internal Alchemy Tai Chi Chuan & Qi Gong on the Cheng Man - Ch'ing 37 posture Tai Chi form and Qi Gong and related exercises. To improve: health, relaxation, mental focus and improved mobility.

These courses offer progression from beginners to those seeking more advanced skills.



## TAI CHI - BEGINNERS/IMPROVERS

DATE	TIME	DURATION	LOCATION	FEE
21/09/2023	19:00 - 20:00	10 Weeks	AAL	£70
11/01/2024	19:00 - 20:00	10 Weeks	AAL	£70
18/04/2024	19:00 - 20:00	10 Weeks	AAL	£70

## TAI CHI - ADVANCED

DATE	TIME	DURATION	LOCATION	FEE
19/09/2023	19:00 - 20:00	10 Weeks	AAL	£70
09/01/2024	19:00 - 20:00	10 Weeks	AAL	£70
16/04/2024	19:00 - 20:00	10 Weeks	AAL	£70

# INTERNATIONAL LANGUAGES

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Would you like to communicate better with the locals when on holiday? Well why not exercise the grey matter, have a bit of fun and get eh skills you need to impress in the local corner shop or bar in the Costa Brava!

Spanish For Beginners .....	Page 43
Spanish For Improvers .....	Page 43
Spanish Advanced .....	Page 43

“

**My tutor is brilliant – Very patient, kind & a fantastic teacher!**

- International Language Course Student

”

# LEARN SPANISH

## COURSE INTRODUCTION

Welcome to our comprehensive range of Spanish language courses! Whether you're a complete beginner or looking to advance your existing language skills, we have the perfect program for you.

Our beginner courses are designed to introduce you to the beauty and basics of the Spanish language. Through interactive lessons and engaging activities, you'll quickly gain confidence in everyday conversations and build a solid foundation in grammar and vocabulary.

Moving on to our improvers courses, you'll delve deeper into the language, expanding your knowledge and enhancing your fluency. You'll learn to express yourself more confidently, participate in discussions, and understand various Spanish-speaking cultures.

For those seeking a more challenging experience, our advanced courses will take your Spanish proficiency to new heights. Delving into complex topics and advanced grammar, you'll refine your language skills, master idiomatic expressions, and be able to engage in sophisticated conversations effortlessly.

No matter your level, our experienced and passionate instructors are dedicated to providing a supportive and dynamic learning environment. Join us on this exciting journey of language discovery and unlock the doors to a world of opportunities!



## SPANISH - BEGINNERS

DATE	TIME	DURATION	LOCATION	FEE
19/09/2023	19:00 - 21:00	10 Weeks	AAL	£125
09/01/2024	19:00 - 21:00	10 Weeks	AAL	£125
16/04/2024	19:00 - 21:00	10 Weeks	AAL	£125

## SPANISH - IMPROVERS

DATE	TIME	DURATION	LOCATION	FEE
21/09/2023	19:00 - 21:00	10 Weeks	AAL	£125
11/01/2024	19:00 - 21:00	10 Weeks	AAL	£125
18/04/2024	19:00 - 21:00	10 Weeks	AAL	£125

## SPANISH - ADVANCED

DATE	TIME	DURATION	LOCATION	FEE
20/09/2023	19:00 - 21:00	10 Weeks	AAL	£125
10/01/2024	19:00 - 21:00	10 Weeks	AAL	£125
17/04/2024	19:00 - 21:00	10 Weeks	AAL	£125